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INSTRUCTIONS FOR SURGERY

APPOINTMENT TIME \_\_\_\_\_

1. No food or beverage after midnight the night before surgery unless instructed otherwise.
2. Please advise our office prior to your appointment of the following:
  - a. Diabetes
  - b. If you are taking blood thinner medications
  - c. Heart conditions warranting pre-op antibiotic coverage (Murmur, Mitral Valve Prolapse, Valve Replacement and Rheumatic Fever)
  - d. If you are allergic to any medications
  - e. Bisphosphonate medications such as Fosamax, Boniva, Actonel, or history of intravenous bisphosphonate use.
3. Wear loose, accessible clothing with short sleeves, no jewelry, no flip flops. Also, no cell phones are allowed.
4. You have to have a responsible driver come with you and they have to **STAY** in the office with you while you are having surgery. Your driver will need to pick up your prescriptions. You will need someone at home with you for several hours. You will not be allowed to drive a car or operate machinery as long as you are taking our pain medications. We will **NOT** do surgery unless a responsible driver is with you.
5. Patient needs to rest at home after surgery. It is best if the patient stays off the telephone and rests by watching TV or sleeping.
6. Patient's driver or anyone with patient **WILL NOT BE ALLOWED TO EAT OR DRINK IN WAITING ROOM.**
7. Your driver will be given instructions after surgery.
8. We will call the day before your surgery to go over instructions and remind you of your appointment. Please make sure the phone number we have for you has a recorder so we can leave a message or the number that will reach you directly.
9. To avoid a fee for a missed appointment, call 24 hours before your appointment to cancel or reschedule. We have an answering machine for after hours so you can leave a message.
10. If our doctors or your general dentist has given you any medications to take before surgery, please follow the instructions and take as directed.